



Level 1 - Perform basic life support and first aid procedures – US 119567

Level 2 - Provide risk-based primary emergency care/first aid in the workplace – US 120496

SAQA ID:

119567 & 120496

NQF Level:

01 & 02

Credits:

5 & 5

Accredited by:

HWSETA and Department of employment and Labour

Course includes:

Manual and POE
Emergency cards
Certificate valid 3 years

Duration of the course:

Three days

Course contents:

- Asphyxia
- Assess and manage an emergency scene in the workplace.
- Assessing and emergency situation
- Bites and stings
- Bleeding
- Burns
- Cardiopulmonary Resuscitation CPR and Artificial Respiration AR
- Choking - adults, children and infants according to current international protocols.
- Completing a first aid report
- Demonstrate the principles of primary emergency care in the workplace.
- Diabetes
- Emergency numbers
- Emergency scene management
- Epilepsy
- Explain and manage shock
- Eye injuries
- Fractures, dislocations and sprains
- Haemorrhage
- Hand injuries
- Head injuries
- Heart attack
- Immobilisation and transporting techniques
- Joint injuries
- Keeping records of an incident / accident
- Managing body fluid spills (Universal Precautions)
- Poisoning
- Recovery position
- Respiratory Disorders
- Shock

- Spinal injuries
- Stroke
- Sustain a basic level of preparedness for health emergencies in the workplace.
- Thermal stress
- Understanding of elementary anatomy and physiology
- Unresponsive / Unconsciousness
- Wounds