

Perform basic life support and first aid procedures – US 119567
Provide risk-based primary emergency care/first aid in the workplace – US 120496
Provide first aid as an advanced first responder - US 376480



SAQA ID:

119567, 120496 & 376480

NQF Level:

01, 02 & 03

Credits:

5, 5 & 8

Accredited by:

HWSETA and Department of employment and Labour

Course includes:

Manual and POE
Emergency cards
Certificate valid 3 years

Duration of the course:

Five days

Course contents:

- Asphyxia
- Asphyxia
- Assessing and emergency situation
- Bites and stings
- Bleeding
- Burns
- Cardiopulmonary Resuscitation CPR and Artificial Respiration AR
- Chest injuries
- Choking - adults, children and infants according to current international protocols.
- Completing a first aid report
- Definitions
- Dehydration
- Diabetes
- Emergency childbirth
- Emergency numbers
- Emergency scene management
- Epilepsy
- Explain and manage shock
- Eye injuries
- Fractures, dislocations and sprains
- Haemorrhage
- Hand injuries
- Head injuries
- Heart attack
- Immobilisation and transporting techniques
- Infectious diseases

- Joint injuries
- Keeping records of an incident / accident
- Keeping records of an incident / accident
- Managing body fluid spills (Universal Precautions)
- Pelvic and abdominal injuries
- Poisoning
- Psychiatric Emergencies
- Recovery position
- Respiratory Disorders
- Severe headache
- Shock
- Spinal injuries
- Stroke
- Thermal stress
- Understanding of elementary anatomy and physiology
- Unresponsive / Unconsciousness
- Water Accidents
- Wounds